07.18.2025

CALIFORNIA MARKET
EST. 1978

# MOTHER'S CAFE

VG = Vegetarian GF = Gluten-Free V = Vegan
(ABF) = Antibiotic-Free (O) = Organic
♥ = Mother's Famous Dish

## 100% Organic Juices | 16 oz. V GF

**♥ GOODDESS OF GREENS** 9
Apple, Celery, Cucumber, Spinach Blend, Parsley Blend, Kale

**CLEANSING COCKTAIL** 9
Carrot, Apple, Beet, Ginger

**ALOHA GODDESS** 9
Goddess of Greens + Pineapple

**ISLAND COOLER** 9
Pineapple, Cucumber, Apple

**DETOX SHOCK** 9
Apple, Wheatgrass, Lemon, Ginger

**LIVER CLEANSE** 9
Apple, Beet, Lemon, Ginger, Parsley Blend

## Superfood Smoothies | 16 oz.

**♥ ACAI ENERGY** 9
Acai (O), Banana (O), Strawberries (O), Choice of Milk or Juice
V

**CUSTOM WORKOUT** 9
Banana (O), Peanut Butter (O), Cacao (O), Choice of Milk and Protein
VG

**CREAMY MANGO** 9
Mango (O), Banana (O), Hemp Granola (O), Apple Juice (O), Plain Yogurt (O)
VG

**BRAIN POWER** 9
Pomegranate Juice (O), Pineapple Juice (O), Banana (O), Mixed Fruit (O), Lecithin, Flax Oil, Choline Cocktail
V

**ANTIOXIDANT** 9
Acai (O), Blueberries (O), Banana (O), Pomegranate Juice (O)
V

### DRINKS

| | | | |
|---|---|---|---|
| Hot Coffee | 2.5 | Iced Coffee | 3 |
| Hot Tea | 2.5 | Iced Tea | 3 |

## Bowls GF

**ACAI BOWL** 10
Acai (O), Strawberries (O), Banana (O), Hemp Granola (O), Choice of Milk or Juice
V

**PITAYA BOWL** 10
Pitaya (O), Strawberries (O), Banana (O), Hemp Granola (O), Choice of Milk or Juice
V

## Specialties VG

**CHICKPEA SCRAMBLE** 9
Chickpeas (O), Spinach (O), Mushrooms (O), Onion (O), Red Bell Peppers (O), Tomato, Herb-Roasted Potatoes (O)
V GF

**AVOCADO TOAST** 10
Two Fried Eggs*, Avocado, Baby Arugula (O), Creamy Sriracha Sauce (O), Feta Cheese, Tomato on Toasted 9-Grain Bread (O)

**♥ CELIA'S BOWL** 10
Choice of Eggs*, Brown Rice (O), Black Beans (O), Cheddar Cheese (O), Avocado, Cilantro (O)
*Served with Corn Tortillas (O) and Fire-Roasted Salsa*
GF

**MAPLE BRIOCHE SAMMIE** 11
Egg Over Hard, Mozzarella Cheese (O), Baby Arugula (O), Red Onion (O), Tomato, Maple Mayo Spread (O) on a Toasted Brioche Bun (O)
*Served with Herb-Roasted Potatoes (O)*

**BREAKFAST MELT** 13
Scrambled Eggs*, Veggie "Sausage," Cheddar Cheese (O), Avocado, Tomato on Toasted Sourdough (O). Choice of Side

## Classics

**MA'S SPECIAL** 6
Two Eggs* Cooked Your Way. Choice of Side
*Served with Sourdough Toast (O) and Strawberry Jam (O), or Corn Tortillas (O) with Fire-Roasted Salsa, and organic coffee or tea*
VG

**BREAKFAST CROISSANT** 10
Egg Over Hard, Mozzarella Cheese (O), Spring Mix (O), Avocado, Creamy Sriracha Sauce (O) on a Croissant
*Served with Herb-Roasted Potatoes (O)*
VG

**THE ORIGINAL BREAKFAST BURRITO** 10
Scrambled Eggs*, Black Beans (O), Avocado, Tomato, Cheddar Cheese (O) in a Whole Wheat Tortilla (O). Choice of Side
*Served with Fire-Roasted Salsa*
VG

**CHILAQUILES** 12
Corn Tortilla Chips (O), Chile and Tomatillo Sauce (O), Two Sunny Side Up Eggs*, Feta Cheese, Sour Cream (O), Cilantro (O)

+Make it Vegan with Scrambled Tofu (O) and Vegan "Mozzarella"
VG GF

**♥ BUILD YOUR OWN OMELETTE** 12
Three Egg Omelette* Filled with any Three Ingredients: Avocado, Cheese (O) (Cheddar, Mozzarella, Feta, Swiss or Vegan), Green Chiles, Mushrooms (O), Yellow Onions (O), Bell Peppers (O), Homemade Fire-Roasted Salsa, Sour Cream (O), Spinach (O), Steamed Veggies (O), Tomato. Choice of Side and Toast
VG

## Pancakes Your Way!

Served with Fresh Fruit (O)

**CLASSIC BUTTERMILK** VG (3) ..... 10
**♥ VEGAN GLUTEN-FREE** V GF (3) ..... 11
**BANANA** V GF (3) ..... 11

## SIDES GF

| | | | | | |
|---|---|---|---|---|---|
| Herb-Roasted Potatoes (O) V | 3 | Black Beans (O) V | 3 | Fresh Fruit Mix (O) V | 3 |
| Roasted Sweet Potatoes (O) V | 3 | Brown Rice (O) V | 3 | Steamed Veggies (O) V | 3 |
| Keto Cauliflower "Potato" Salad (O) VG | 3 | Lemon or Spinach Quinoa V | 3 | Corn Tortilla Chips (O) V | 2 |

## ADD ONS

| | | | | | |
|---|---|---|---|---|---|
| Homemade Fire-Roasted Salsa V GF | 2 | Mozzarella or Cheddar Cheese (O) GF | 2 | Chicken (ABF) GF | 5 |
| Homemade Guacamole V GF | 3 | Avocado V GF | 3 | BAP Certified Sustainable Salmon* GF | 8 |
| Plant-Based "Chicken" V | 5 | Non-GMO Bacon (2) | 3 | Veg. Fed, Cage Free Egg* | 2 |
| | | Toast (O) | 2 | | |

*Warning: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

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## Starters

### CHIPS WITH GUAC & SALSA — 8
Corn Tortilla Chips (O) with Homemade Guacamole and Fire-Roasted Salsa
V GF

### SPROUTED HUMMUS PLATTER — 10
Garlic Hummus (O), Cucumber and Tomato Salad, Naan Flatbread, Carrot and Celery Sticks (O), Extra Virgin Olive Oil (O), Feta Cheese Crumbles
VG

### GREEN CHILE & CHICKEN QUESADILLA — 11
Mozzarella and Cheddar Cheeses (O), Chicken (ABF), Green Chiles in a Toasted Flour Tortilla (O)
*Served with Homemade Guacamole, Homemade Fire-Roasted Salsa and Sour Cream (O)*

### BLACK BEAN & CHEESE QUESADILLA — 11
Mozzarella and Cheddar Cheeses (O), Black Beans (O) in a Toasted Flour Tortilla (O)
*Served with Homemade Guacamole, Homemade Fire-Roasted Salsa and Sour Cream (O)*
VG

### VEGGIE QUESADILLA — 10
Mozzarella and Cheddar Cheeses (O), Mushrooms (O), Tomato, Red Bell Pepper (O), Green Bell Pepper (O), Onion (O), Cilantro (O), Green Onions (O) and Green Chiles in a Toasted Flour Tortilla (O)
*Served with Homemade Guacamole, Homemade Fire-Roasted Salsa and Sour Cream (O)*
VG

### ♥ LOADED NACHOS — 11
Corn Tortilla Chips (O), Black Beans (O), Mozzarella and Cheddar Cheeses (O), Black Olives (O), Green Onions (O), Green Chiles, and Jalapeños (O)
*Served with Homemade Guacamole Homemade Fire-Roasted Salsa and Sour Cream (O)*
VG GF

## Burgers, Sammies, Tacos & Flatbreads

### AVOCADO FLATBREAD — 11
Avocado, Mozzarella and Cheddar Cheeses (O), Baby Arugula (O), Homemade Cilantro Jalapeño Dressing on a Flatbread
VG

### MARGHERITA FLATBREAD — 11
Homemade Marinara Sauce (O), Mozzarella Cheese (O), Fresh Basil (O), Black Pepper (O) on a Flatbread
VG

### BBQ CHICKEN FLATBREAD — 11
Marinated BBQ Chicken (ABF), Mozzarella Cheese (O), Pineapple and Jalapeño Relish (O), Red Onion (O) on a Flatbread

### CHICKEN SALAD CROISSANT — 11
Homemade Chicken (ABF) Salad, Green Leaf Lettuce (O) on a Croissant. Choice of Side

### INFERNO WRAP — 12
Veggie Cutlet, Mixed Greens (O), Black Beans (O), Mexican Rice (O), Roasted Peppers, Homemade Cilantro Jalapeño Dressing in a Spinach Tortilla (O). Choice of Side
V

### CHICKEN PESTO SANDWICH — 13
Chicken (ABF), Pesto (O), Cheddar Cheese (O), Creamy Sriracha Sauce (O), Red Onion (O), Tomato, Baby Arugula (O) on Toasted Sourdough (O). Choice of Side

### ♥ TUNA MELT — 13
Sustainable Tuna, Vegan Mayo, Cheddar Cheese (O) on Toasted Sourdough (O). Choice of Side

### ♥ POTATO TACOS — 11
Two Potato Tacos served on Corn Tortillas (O) with Escabeche, Cilantro (O)
*Served with Mexican Rice (O) and Black Beans (O) with a side of Homemade Fire-Roasted Salsa*
V GF

### CHICKEN TACOS — 11
Two Chicken (ABF) Tacos served on Corn Tortillas (O) with Onion (O), Escabeche, Cilantro (O)
*Served with Mexican Rice (O) and Black Beans (O) with a side of Homemade Fire-Roasted Salsa*
GF

### CARAMELIZED GRILLED CHEESE — 10
Mozzarella and Cheddar Cheeses (O), Caramelized Red Onion (O) on Toasted Garlic Sourdough (O). Choice of Side

### TURKEY SWISS SANDWICH — 12
All-Natural Turkey*, Swiss Cheese, Tomato, Lettuce (O), Red Onion (O), Avocado, Homemade Spread on Parmesan-Crusted Sourdough (O). Choice of Side

### CRISPY CHICKEN SANDWICH — 13
Marinated Panko-Crusted Chicken (ABF), Lettuce (O), Creamy Sriracha Sauce (O) on a Toasted Bun. Choice of Side

### BURGER YOUR WAY — 13
Non-GMO Grass-Fed Wagyu Beef* or Plant-Based Amazing Burger, Lettuce (O), Tomato, Red Onion (O), Homemade Spread on a Toasted Bun. Choice of Side

## Super Famous Soups
Cup 4 | Bowl 7

### ♥ GREEN POZOLE SOUP
Zucchini (O), Yellow Onion (O), White Corn Pozole, Plant-Based "Beef," Vegetable Broth (O), Celery (O), Green Bell Pepper (O), Sunflower Seeds (O), Pumpkin Seeds (O), Garlic (O), Spinach (O)
VG

### CHICKEN NOODLE SOUP
Chicken (ABF), Fettuccine Pasta, Yellow Onion (O), Carrots (O), Celery (O)

### SOUP OF THE DAY

## Salads

### VEGAN TACO SALAD — 11
Romaine Lettuce (O), Homemade Pico de Gallo, Sweet Corn (O), Red Bell Pepper (O), Red Onion (O), Homemade Cilantro Jalapeño Dressing, Vegan Taco Crumble
V GF

### CHOPPED SALAD — 11
Romaine Lettuce (O), Garbanzo Beans (O), Shredded Carrot (O), Sliced Black Olives (O), Tomato, Cucumber (O), Homemade Vegan Ranch Dressing
V GF

### COBB SALAD — 11
Spring Mix (O), Chopped Chicken (ABF), Hardboiled Egg*, Cherry Tomatoes (O), Cucumber (O), Lemon Quinoa, Homemade Vegan Ranch Dressing
GF

### CHICKEN CAESAR — 11
Romaine Lettuce (O), Chicken (ABF), Parmesan Cheese, Croutons, Homemade Caesar Dressing

### ♥ SPRINGTIME SALAD — 11
Spring Mix (O), Mushrooms (O), Avocado, Beets (O), Carrots (O), Broccoli (O), Cauliflower (O), Cherry Tomatoes (O), Cucumber (O), Sunflower Seeds (O), Homemade Tahini Dressing (O)
V GF

## Signature Bowls

### PENNE PASTA BOWL — 12
Penne Pasta, Homemade Marinara Sauce (O), Mozzarella Cheese (O), Chili Flakes, Fresh Basil (O)
VG

### ♥ WILD & FREE SALMON BOWL — 16
BAP Certified Sustainable Salmon*, Miso Rice (O), Kale (O), Avocado, Togarashi Yogurt (contains sesame) (O)
GF

### FARMHOUSE BOWL — 13
Plant-Based "Chicken," Mexican Rice (O), Bell Peppers (O), Red Onion (O), Black Beans (O), Homemade Cilantro Jalapeño Dressing, Avocado, Cilantro (O)
*Served with Corn Tortillas (O)*
V

### ANCIENT GRAINS BOWL — 13
Brown Rice (O), Lemon Quinoa, Sweet Potatoes (O), Mushrooms (O), Broccoli (O), Homemade Cilantro Jalapeño Dressing
V GF