MOTHER'S, JUICE BAR

ESTABLISHED 1978

ORGANIC JUICES

16 oz. 9 | **32 oz.** 15

ISLAND COOLER

Pineapple, Cucumber, Apple

IMMUNITY DEFENSE

Cucumber, Lemon, Ginger, Spinach Blend, Kale, Coconut Water, Cayenne Pepper

BEET LEMONADE

Beets, Lemon, Ginger, Water, Raw Agave

ELECTRIC LEMONADE

Lemon, Ginger, Blue Algae, Water, Raw Agave

TOTAL PACKAGE

Carrot, Lemon, Coconut Water, Turmeric, Ginger

COLD COMFORT

Carrot, Ginger, Garlic

GINGER SNAP

Apple, Ginger, Lemon, Blended with Ice

SUNRISE

Beets, Carrot, Orange, Lemon

CLEANSING COCKTAIL

Carrot, Apple, Beets, Ginger

UP BEET

Beets, Carrot, Spinach Blend, Parsley Blend, Garlic

DETOX SHOCK

Apple, Wheatgrass, Lemon, Ginger

LIVER CLEANSE

Apple, Beets, Lemon, Ginger, Parsley Blend

SIGNATURE JUICES

ALOHA GODDESS

Apple, Celery, Cucumber, Spinach Blend, Parsley Blend, Kale, Pineapple

GODDESS OF GREENS

Apple, Celery, Cucumber, Spinach Blend, Parsley Blend, Kale

BOOSTS

ACAI

BLUE ALGAE

ECHINACEA

LECITHIN

SPIRULINA

ALMOND BUTTER

CHIA SEEDS

FLAX OIL

MACA

WHEY PROTEIN

APPLE CIDER VINEGAR

COLLAGEN

HEMP PROTEIN

MCT OIL

PEANUT BUTTER

BEE POLLEN

IMMUNE TONIC

RAW MEAL

Build Your Own ORGANIC JUICE

16 oz. 9 | **32 oz.** 15

CHOOSE A BASE APPLE

CELERY

CARROT

2.

ADD UP TO FIVE

GARLIC

LEMON

PEAR

BEETS

CELERY

CARROT

GINGER

LIME

SPINACH

PINEAPPLE

CUCUMBER

BELL PEPPER

APPLE

CHARD

GRAPE

ORANGE

BROCCOLI

CUCUMBER

KALE

PARSLEY

TOMATO

ORGANIC SHOTS

2 oz. 3 | **4 oz.** 5

WHEATGRASS

GINGER

TURMERIC

GINGER PINEAPPLE

CALIFORNIA MARKET

MOTHER'S JUICE BAR

ESTABLISHED 1978

ORGANIC SMOOTHIES

16 oz. 9 | **32 oz.** 15

PEANUT BUTTER & JELLY

Peanut Butter, Strawberries, Banana, Almond Milk, Raw Agave

ACAI ENERGY

Acai, Banana, Strawberries, Choice of Milk or Juice

CREAMY MANGO

Mango, Banana, Hemp Granola, Apple Juice, Plain Yogurt

CUSTOM WORKOUT

Banana, Peanut Butter, Cacao, Choice of Milk and Protein

POWER WORKOUT

Mixed Fruit, Banana, Ginseng, Acai, Blueberry Juice, Choice of Protein

BRAIN POWER

Pomegranate Juice, Pineapple Juice, Banana, Mixed Fruit, Lecithin, Flax Oil, MCT Oil

SIGNATURE SMOOTHIE

ANTIOXIDANT

Acai, Blueberries, Banana, Pomegranate Juice

SHAKES

16 oz. 9 | **32 oz.** 15

TROPICAL PARADISE

Orange, Banana, Pineapple Coconut Juice, Choice of Ice Cream

DREAM DATE

Peanut Butter, Date Pieces, Choice of Milk and Ice Cream

GRASSHOPPER

Newman-O's Cookies, Mint, Spirulina, Choice of Milk and Ice Cream

JOYFUL ALMOND

Almonds, Chocolate Syrup, Coconut, Choice of Ice Cream

ORGANIC BOWLS

ACAI BOWL

Acai, Strawberries, Banana, Hemp Granola, Choice of Milk or Juice

PITAYA BOWL

Pitaya, Strawberries, Banana, Hemp Granola, Choice of Milk or Juice

Build Your Own SHAKES + SMOOTHIES

16 oz. 9 | **32 oz.** 15

12

2. ADD UP TO TWO ADD UP TO THREE **ALMOND MILK DAIRY MILK** COCONUT MILK ICE CREAM **PEANUT BUTTER DATES AGAVE SYRUP OAT MILK COCONUT MILK** VANILLA DAIRY ICE CREAM **CHOCOLATE CHIPS BANANA HONEY HEMP MILK SOY MILK** PINEAPPLE COCONUT JUICE **NEWMAN-O'S COOKIES BLUEBERRIES MANGO APPLE JUICE PLAIN YOGURT** PINEAPPLE JUICE ALMOND BUTTER **PINEAPPLE RASPBERRIES COCONUT WATER STRAWBERRIES**