

seasonal specials

# MARCH

## BREAKFAST SUNRISE SPECIAL

Until 9 am (10 am at Manhattan Beach)

**VG** Breakfast  
Salad

\$4.99

baby arugula, organic ground black pepper, and an egg. drizzled with chimichurri sauce and served on a slice of toasted organic sourdough bread with smashed avocado. paired with organic coffee or tea.

**VG** Butternut Squash  
& Kale Flatbread

\$9.99

flatbread topped with a mix of garlic paste and ricotta cheese, butternut squash, kale, dried cranberries, and extra virgin olive oil.

**V** Vegan  
**GF** Taco Salad

\$10.99

chopped romaine lettuce topped with sweet corn, red bell pepper, red onion, Mother's Pico de Gallo, and crushed roasted chickpea taco crumble. topped with Mother's Cilantro Jalapeño dressing.

## JUICE BAR MEGA DEAL

**VG** Superfood  
Smoothie

16 oz.

\$4.99

a blend of nonfat yogurt, spinach, avocado, almond butter, honey, and blueberries.

**MOTHER'S**  
MARKET & KITCHEN

**V** = Vegan  
**VG** = vegetarian  
**GF** = Gluten-Free