**Breakfast**

**Quiches**
Savory classic breakfast dish done Mother’s way.
Fluffy eggs baked with fresh vegetables and cheese in a flaky crust.
- Spinach and Artichoke
- Mushroom and Spinach
$35 (SERVES 6-8)

**Croissant**
Light and flaky buttery croissant baked fresh daily. Choose from the following additions to create your own breakfast delight.
REGULAR $10 - CHOICE OF 3 | UPGRADED $12 - CHOICE OF 4
- Cream Cheese
- Sliced Red Onion
- Tomato
- Capers
- Chopped Eggs
- Cheese

**Fresh Fruit Salad**
A beautiful and decorative salad with freshly cut seasonal fruits.
*Organic when available
$12.99 PER POUND

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**Lunch at the Office**

**Sandwiches**
- Chicken Salad
- Waldorf Salad
- Tuna or Egg Salad
- Mediterranean
- Chickpea or Turkey
- Avocado and Cheese

**Wraps**
- Tuna
- Chicken Caesar
- Mediterranean Chickpea
- Grilled Vegetable

**$15 PER PERSON**

**Ma’s Favorites**

**Ma’s Specialty**

**Build Your Own Overnight Oats or Yogurt Parfait**
Hearty oats in your choice of milk or choice of yogurt with hemp granola finished with an array of healthy toppings to help you power through your morning.

**Milk Options:** Whole, oat, coconut, or almond

**Yogurt Options:** Greek, cashew, or soy

**Toppings:** Berries, seeds, mixed fruits, nuts, cinnamon, nutsmeg, agave, maple, nut butter

$36 CHOICE OF (3) $39 CHOICE OF (5) (SERVES 6)

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**Sides & Salads**

**Salads**
- Mixed Greens
- Classic Caesar
- BBQ Chicken
- Cobb
- Potato
- Macaroni

**Vegetables**
- Asparagus
- Mixed Grilled Vegetables
- Roasted Brussels Sprouts
- Glazed Carrots

**$30**

**Grains & Rice**
- Ancient Grains (a blend of fregula, farro, quinoa and kamut)
- Cauliflower Rice
- Brown Rice
- Rice Pilaf
- Mother’s Nutted Rice

**$30**

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**Main Courses**

**Grilled Tofu**
Non-GMO grilled tofu patty lightly seasoned in original or curry spice
$15

**Lemon Rosemary Chicken Breast**
Smart Chicken cage-free, antibiotic-free chicken breast marinated with fresh rosemary and lemon, grilled to perfection
$18

**Grilled Salmon**
A sustainably farm-raised filet, lightly seasoned and grilled with your choice of a delicate lemon garnish, zesty mango salsa, or light teriyaki glaze
$12

**Soy “Beef” or Soy “Chicken” Skewers**
Non-GMO soy “chicken” or soy “beef” skewered with roasted garlic and glazed with teriyaki
$14 - 2 SKEWERS PER PORTION

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**CATERING**

fresh | organic | delicious
**Sweets & Desserts**

**Mother’s Signature Raw Desserts**
An array of our original raw desserts
$12 PER POUND

**Sugar-Free Desserts**
Made by Bye Bye Sugar Bakery, sweetened with xylitol
Your choice of: cannoli, éclair, apple strudel, brownie, lemon bar, chocolate chip sandwich, flan, or tiramisu
$8 EACH

**Bars, Brownies & more**
Traditional or gluten-free brownies, gluten-free carrot cake
*Additional bars available upon request. Please see catering specialist for complete list.
$6 EACH

**Cookies**
Handcrafted cookies made with organic, non-GMO ingredients
Choose from chocolate chip, snickerdoodle, double chocolate nut, or gluten-free oat chocolate chip
$3 EACH
$32 PER DOZEN

**Vegan Cupcakes**
Chocolate, vanilla, or strawberry
$20 (4 CUPCAKES)
$30 (6 CUPCAKES)

**Ma’s Not-So-Plain Nuts**
A delicious blend of sweet and spunky mixed nuts
Available in regular and spicy
*Please see your catering specialist for prices available by the pound or jar

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**Finger Foods & Platters**

**Fresh Fruit**
An elegant and decorative platter with cubed honeydew, cantaloupe, pineapple, strawberries, berries, and assorted grapes
SMALL $45 (SERVES 8-10)
MEDIUM $65 (SERVES 10-15)
*LARGE TRAYS AVAILABLE UPON REQUEST

**Chips & Dip**
Mother’s famous homemade guacamole and mango salsa. Served with organic blue and yellow corn tortilla chips
$45 (SERVES 8-10)

**Crudité**
Beautifully presented fresh vegetable display of mushrooms, carrots, celery, broccoli, cauliflower, zucchini, yellow squash, peppers and tomatoes. Served with choice of vegan ranch, tahini, or hummus
SMALL $39 (SERVES 8-10)
MEDIUM $59 (SERVES 10-15)
*LARGE TRAYS AVAILABLE UPON REQUEST

**Mediterranean Tray**
Savory marinated and grilled vegetables with mozzarella cheese and mixed olives
*Can be made vegan upon request
SMALL $42 (SERVES 6-10)
MEDIUM $75 (SERVES 10-20)

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**Sandwiches & Wraps**

**Traditional Wraps**
Mother’s best sellers wrapped in your choice of whole wheat, spinach or flour tortillas
- Tuna
- Chicken Caesar
- Mediterranean
- Chikipes
- Grilled Vegetable
$10 PER FULL WRAP

**Raw Wraps**
Completely raw and vegan, gluten-free, nut-free, and paleo friendly
- Original Hummus
- Cilantro Jalapeño
- Sun-Dried Tomato
$12 PER FULL WRAP

**Traditional or Croissant Sandwiches**
Choose from a tasty array of Mother’s favorites prepared on freshly baked bread or croissant
- Salad
- Waldorf Chicken Salad
- Tuna or Egg Salad
- Chikipes or Turkey
- Avocado and Cheese
$9 PER SANDWICH
$10 PER CROISSANT

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**À La Carte**

Choose from original, roasted garlic, jalapeño cilantro, cayenne
$11.99 (PER LB)

**Blue and Yellow Corn Tortilla Chips**
$6 (PER LB)

**House Made Pita Chips**
$10 (PER LB)
*Variety of dips available
Please see your catering specialist for complete list

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**Beverages**

**Fresh Squeezed Orange Juice** (half gallon) $15
**Fresh Pressed Signature Juice** (half gallon) $20
**Coffee Cambro or Hot Tea** $3 PER PERSON
*Coffee and tea condiments included
**Bottled Water (16oz)** $2 EACH

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**Taste the Love**

**Purpose-Driven Catering Team**
It is our goal to make you look good. When you entrust us with your event, rest assured we will deliver health, quality, and creativity.

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**How to Make it Happen**
Reach out to us via email or with a phone call and your personal catering specialist will contact you to together we can create an amazing experience.
Feel free to call us at (949) 205-0806 or email us at cateringdirector@mothersmarket.com

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**Like-Minded Partners**
We believe in truth, beauty, and goodness - and so do our partners!
Smart Chicken, Santa Monica Seafood, Wild Planet, Better Life Organics, Organic Coffee

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You don’t need to worry about a thing - we cater to special dietary restrictions! We’re specialists in paleo, raw, vegan, and so many other requests. Communicate your needs and we’ll make your food visions come true.
We work better with a 24 hour notice, however, we will do our best to accommodate last minute orders.
We get it, change is inevitable.
All we ask is a 24 hour minimum cancellation notice.
**Ingredients are subject to availability. Suitable substitutions may be made if necessary**
**DELIVERY IS AVAILABLE FOR AN ADDITIONAL FEE. Prices vary depending on the type of delivery and set-up required.**

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www.mothersmarket.com
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